

**Damian M.G. Elias, Ph.D.**

*NY Licensed Clinical Psychologist*

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**Education**

**Howard University**, Washington, DC 2005 – 2010  
Ph.D. Clinical Psychology (*APA accredited*)

**Temple University**, Philadelphia, PA 2003 - 2005  
M.Ed. Counseling Psychology

**The University of Pennsylvania**, Philadelphia, PA 1999 - 2002  
Post-Baccalaureate Clinical Psychology Program

**Emerson College**, Boston, MA 1997 - 1998  
M.A. Marketing

**Loyola University of Maryland**, Baltimore, MD 1992 - 1996  
B.A. Communication, Minor: Fine Art, Painting  
(*Study abroad program in Rome, Italy in 1995*)

**Professional Experience**

**The University of Virginia/Semester at Sea**, Atlantic Exploration 09/2012 – Present  
*Staff Clinical Psychologist, Counseling Center*

- Visited 14 countries, 4 continents, and 16 cities with ~500 students.
- Conducted individual and group psychotherapy for shipboard community.
- On call 24/7 for psychiatric emergencies, including fixed daily walk-in hours.
- Conducted various campus outreach services through the Residence Life Office.
- Reported to Residential Life Dean, and the Medical Director of Health Services.

**North Bronx Healthcare Network/Jacobi Medical Center**, Bronx, NY 12/2011 – 09/2012  
*Clinical Psychologist, Department of Psychiatry*

- Sole psychologist on Consultation and Liaison Service.
- Supervised 2-4 interns and externs on CL rotation.
- Carried 13-20 adult patients per day with 4-5 new cases daily.
- Only clinician that evaluated pediatric psychiatric cases.
- Maintained and managed testing and assessment library.

**North Bronx Healthcare Network/North Central Bronx Hospital, Bronx, NY**  
*Per Diem Psychologist* 07/2011 – Present

- Worked evening and weekend shifts in psychiatric emergency room.
- Assessed patients for admission/discharge to psychiatric inpatient units.
- Interviewed patients on medical units via Consultation Liaison Services.
- Conducted psychiatric evaluation of children in the pediatric emergency room.

**Drew University McClintock Center for Counseling & Psychological Services, Madison, NJ**  
*Postdoctoral Fellow* 09/2009 – Present

- Handled individual psychotherapy for 25-35 students per week; ages ranged between 16-54.
- Held individual and couples psychotherapy for graduate students.
- Led two psychotherapy groups: *Social Anxiety* and *Romantic Relationships*.
- Performed various campus outreach services through the Residence Life Office.
- Individual supervision: 1hr per week. Group Supervision: 2hrs per week.
- Monthly didactic training focusing on issues pertaining to the college student.

**North Bronx Healthcare Network/Jacobi Medical Center, Bronx, NY**  
*Clinical Psychology Intern (APA & APPIC Accredited)* 08/2009 – 09/2010

- Conducted individual and group psychotherapy for year-long outpatient rotation.
- First rotation: Psychiatric Emergency Room and Psychiatric Consultation Liaison.
- Second rotation: Acute Inpatient Psychiatry.
- Third rotation: Rehabilitative Medicine.
- Completed numerous psychological and neuropsychological assessment batteries.
- Individual supervision: 5hrs per week. Group supervision: 2hrs per week.
- Didactic training provided through Albert Einstein College of Medicine.

**Northwest Human Services, Philadelphia, PA** 02/2009 – 09/2009  
*Fee-For-Service Therapist*

- Worked on a team within a community mental health outpatient clinic.
- Conducted therapy with 9-18 clients per week, ranging in age from 6-65.
- Involved in monthly individual supervision 1hr, and weekly group supervision 1hr.
- Wrote multiple treatment plans and discharge summaries for various clients.
- Provided treatment in conjunction with psychiatrists for Medicaid/Medicare clients.

**Temple University Counseling Center**, Philadelphia, PA 08/2008 – 06/2009  
*Clinical Psychology Extern*

- Provided weekly individual & couples counseling to 10-15 clients.
- Facilitated one psychoeducational group: *Multiethnic Identity Group*.
- Involved in weekly individual supervision 1hr, group supervision 2hr, and intern supervision 1hr. Also involved with weekly didactic training seminars.
- Implemented up to 8 weekly triage assessments per week.

**Spring Grove Hospital Center**, Catonsville, MD 08/2007 - 07/2008  
*Clinical Psychology Extern*

- Worked with chronic severely mentally ill patients, 80% of which were forensic cases.
- Conducted individual psychotherapy, and facilitated two weekly groups: *Appropriate Boundaries*, and *Relapse Prevention*.
- Completed numerous psychological assessment batteries including court competencies.
- Attended weekly supervision: 1hr individual, 2hr group.
- Attended didactic trainings: weekly grand rounds, monthly lecture series, a year-long diversity seminar, and various other hospital trainings. Presented cases for supervision.

**The STTAR Center**, Columbia, MD 05/2007 - 08/2008  
*(Specialized Trauma Treatment and Recovery) Clinical Program Assistant*

- Coordinated all intakes via telephone screening.
- Conducted numerous individual and family crisis sessions.
- Maintained close relationship with police, DHS, and Child Advocacy Center.
- Involved with practice management; including medical billing, and grant writing.

**Catholic University Counseling Center**, Washington, DC 09/2006 - 05/2007  
*Clinical Psychology Extern (stipend)*

- Conducted individual psychotherapy and multiple intake sessions per week.
- Co-facilitated a weekly therapeutic group: *Romantic Relationships*.
- Organized psychoeducational groups and other outreach projects.
- Attended weekly supervision: 1hr individual, 2hr group, 1hr supervision by intern, 2hr case conceptualization, and 3hr therapy course.
- Awarded *Trainee of the Year* amongst 10 externs and 2 interns.

**Salvation Army, Harbor Light**, Washington, DC 10/2005 - 09/2006

*Clinical Assessment Practicum Extern*

- Administered multiple psychological assessments in an in-patient forensic facility. Tests included: WAIS-III, WMS-III, WJ-III COG, WRAT, MMPI-2, TAT, Rorschach (Exner Scoring System), BDI, CAARS-2, multiple screeners, and psychosocial intake evaluations.
- Completed ten integrative batteries and many partial batteries.
- Attended weekly supervision 1hr on-site, and 1hr at Howard University.

**Howard University Psychology Department**, Washington, DC 09/2006 - 9/2007

*Teaching Assistant (stipend)*

- Aided faculty on various projects including redesigning the department's website.
- Designed various brochures, logos, and posters.
- Assisted faculty with undergraduate and graduate courses.

**Howard University Graduate School**, Washington, DC 09/2005 - 09/2008

*Graduate Assistant (tuition remission)*

- Worked closely with the Graduate School's staff and faculty.
- Updated and maintained the Graduate School's website.
- Performed help-desk duties such as troubleshooting and installing hardware and software.

**Drexel University Counseling Center**, Philadelphia, PA 09/2004 - 06/2005

*Counseling Master's Level Intern*

- Conducted individual therapy with 10-15 clients per week.
- Co-facilitated a weekly therapeutic group: *Social Anxiety Group*.
- Organized psychoeducational groups: *Smoking Cessation*, *Stress*, and *Mood Disorders*.
- Attended weekly supervision: 1hr individual, 2hr group, and 3hr internship course.

**The Art Institute of Philadelphia**, Philadelphia, PA 01/2002 - 09/2005

*Career Counselor*

- Handled a caseload of approximately 50 students per quarter.
- Performed 4-5 vocational counseling sessions per day.
- Conducted résumé workshops, mock interviews, organized job fairs and guest speakers.
- Acted as staff advisor to a variety of on-campus organizations and events.

**Aquent LLC**, Philadelphia, PA 08/1998 - 01/2002

*Career Counselor, Team Leader- New Media Specialist*

- Supervised, trained, and reviewed all team members.
- Recruited, interviewed, hired, and coached independent creative professionals.
- Mediated terms, estimates, proposals, salaries and deadlines.
- Conducted presentations at local colleges, career centers, job fairs, and industry seminars.

**Loyola College Health Office**, Baltimore, MD 01/1993 - 05/1996

*Peer Counselor*

- Attended counseling seminars, lectured, organized events, and met individually with students.
- Made numerous psychotherapy referrals for at-risk students.

### **Research Experience**

**Doctoral Dissertation** 09/2005 – 04/2010

*Intra-Psychic Motivators of Artistic Expression Related to Mental Health, Physical Health, and Vocational Satisfaction.*

- Dissertation defended: April 13, 2010.

**The University of Pennsylvania**, Philadelphia, PA 09/2001 - 05/2002

**Department of Psychiatry, Depression Research Unit**

*Volunteer Research Assistant (Rob DeRubeis and Steven Hollon)- CPT Project*

- Worked with team researching cognitive behavioral therapy vs. pharmacotherapy for severely depressed outpatients.
- Reviewed audio and videotaped CBT sessions and assessed for discrepancies between the therapist's notes and taped sessions. Scrutinized data for missing information.
- Organized SCID and intake data for each patient.

DeRubeis, R. J., Hollon, S. D., Amsterdam, J. D., Shelton, R. C., Young, P. R., Salomon, R. M., O'Reardon, J. P., Lovett, M. L., Gladis, M. M., Brown, L. L., & Gallop, R. (2005). Cognitive therapy vs medications in the treatment of moderate to severe depression. *Archives of General Psychiatry*, 62, 409-416.

**Saatchi & Saatchi Europe S.A.**, Brussels, Belgium 01/1998 - 08/1998

*Stagiaire- International Research Analyst*

- Completed a competitive strategy analysis for a confidential research project.
- Consulted the creative department about international research methods.
- Copy-edited English text for non-native speakers.

### **Teaching Experience**

**Philadelphia University**, Philadelphia, PA Summer 2009  
*Adjunct Professor*

- Taught undergraduate course: *Introduction to Psychology*.
- Created syllabus, exams, term assignments, also selected text & empirical articles.

**Philadelphia University**, Philadelphia, PA Spring 2009  
*Adjunct Professor*

- Taught upper-level undergraduate course: *Forensic Psychology*.
- Created syllabus, exams, term assignments, also selected text & empirical articles.
- Organized guest lecturers from the Philadelphia Police Department.
- Facilitated an excursion to a local penitentiary.

**Howard University**, Washington, DC Summer 2007  
*Adjunct Professor*

- Taught upper-level undergraduate summer lab course in *Experimental Psychology*.
- Created syllabus using empirical articles to supplement text, administered exams, and assigned term papers.

**The Art Institute of Philadelphia**, Philadelphia, PA 09/2003 - 08/2005  
*Adjunct Professor*

- Taught 6 quarters of a freshman seminar course entitled *Student Success*.
- Co-instructed 8 quarters of a senior-level class entitled *Business Portfolio*.
- Evaluated students through tests, chapter quizzes, weekly journals, and term papers.

**Drexel University**, Philadelphia, PA 09/2004 - 06/2005  
*Professor's Assistant*

- Met with *University 101* classes and provided lectures about psychology and counseling.
- Replaced instructor for an *Intro to Psychology* course in the professor's absence.

### **Outreach & Awards**

- Conor Contemporary Art Gallery**, Washington, DC 07/2010  
*(e)merge panel discussion*
- Invited panelist to discuss current psychological research and the fine artist.
  - 150 people attended lecture that focused on artists in community.
- Howard University**, Washington, DC 09/2009  
*Student of The Year Award*
- The National Register** 09/2009  
*Early Career Psychologist Award*
- Maryland Psychological Association** 09/2008 – 09/2010  
*Graduate Student Campus Representative for Howard University*
- Acted as liaison between MPA and Howard University's Psychology Department.
- CHADD**, Washington, DC 05/2007  
*(Children and Adults with Attention Deficit/Hyperactivity Disorder)*
- Conducted two 3-hour lectures for parents of children with ADHD, funded through NIH and Howard University grants.
  - Created a PowerPoint presentation and a variety of handouts.
- The Catholic University of America**, Washington, DC 09/2006 - 05/2007
- Co-facilitated a workshop on culture shock for study-abroad students.
  - Organized and conducted 4 workshops for 50 students planning to study abroad.
  - Held additional individual therapy sessions for study abroad students.
- Drexel University**, Philadelphia, PA 09/2004 - 06/2005
- Conducted a stress reduction workshop for regional ROTC organizations.
  - Participated in screenings for depression, eating disorders, and drug and alcohol awareness.
  - Met with campus staff and conducted numerous mental health workshops.

### **Publications & Presentations**

- Hodgkinson, S.C., Jenifers, E., Williams, M., Elias, D.M.G., Sanders, A., Dennis, S. (2008). *Show me the money: Employment opportunities for graduate students*. Presented at APA annual conference held in Boston, MA.
- Elias, D.M.G., & Berg-Cross, L. (2009). An exploration of motivations of fine art students in relation to mental and physical well-being. *Journal of College Student Psychotherapy*, Vol. 23 (4), pp. 228-238
- Elias, D.M.G., & Berg-Cross, L. (2008). The innovation of non-eminent artists: differences and similarities between current conceptual and experimental innovators. *Psychology of Aesthetics, Creativity, and the Arts* (submitted)
- Designed a poster presentation for *Mental Health Advocates* for Linda Berg-Cross, Ph.D. for a national conference in 2006.
- Berg-Cross, L., & Elias, D.M.G. (2006). *The Hypertension Manual; A Behavioral Approach*.
- Developed and designed a presentation on *Cognitive-Behavioral Strategies with Couples and Families* with Frank M. Dattilio, Ph.D., ABPP, for The University of Pennsylvania School of Medicine (2004).
- Designed film poster for the *Association for Women in Psychology* (2004) conference.
- Created PowerPoint presentations for: *The World Congress of Behavioral and Cognitive Therapies*, *The Association for the Advancement of Behavior Therapy*, *The University of Pennsylvania Psychiatry Grand Rounds*, and *The American Psychiatric Association* (06/2002).

### **Professional Affiliations**

American Psychological Association, American Counseling Association, New York Psychological Association, AFBL Basketball League of Philadelphia, and Zone5 Artist Platform.

### **Computer Proficiencies**

Mac and PC proficient, MS Office, SPSS, Photoshop, Illustrator, InDesign, Dreamweaver, Fireworks, HTML, QuadraMed (electronic medical charts), Titanium (electronic note database), web & tech savvy, psychological literature database adroit, and Chessmaster 3000 whiz.